



SPU Manila INTER-OFFICE BULLETIN

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28 February 2011

PRESIDENT TENDERS APPRECIATION DINNER

Sr. Lilia Thérèse L. Tolentino, SPC, President of St. Paul University Manila, will tender an appreciation dinner at 4:00 P.M. today, 28 February 2011, in the Hotel and Restaurant Management Training Center.

The memo sent by Sr. Lilia states:

"The real Paulinian spirit of love and unity was clearly evident in all the recently concluded events and activities, such as the celebration of University Week, Caritas Christi Centennial Awards, visit of His Eminence Zenon Cardinal Gorcholewski, PAASCU Accreditation, and Blessing and Opening of the Museum and Archives. The success of these activities would not have been possible without the generous and untiring self-giving of those who have shown oneness in the accomplishment of our school's mission. To them goes our deepest gratitude and appreciation. In their honor, the administration of St. Paul Manila is tendering a dinner.



"It would surely be a night of fun and friendship with all of you there."

SHARING...SHARING...SHARING...

From the Guidance Services

Lecture-Forum "When Parents are Friends"

Speaker: Mr. Rafael M. Paredes

(Center for Family Ministries, Ateneo de Manila University, Manila)

19 February 2011

9:00 A.M .to 12:00 NN

Levesville Hall

Contributed by Myra Aranas

The teenaged years are defined as a period of storm and stress, and parents are responsible for guiding their children through this turbulent period so that they may remain well-adjusted and productive. Although there is no standard parenting guide because each teen is different, parents must still know how to lead teens to take the right path and to make independent decisions. When an individual reaches adolescence, he/she finds it more difficult to confide in his/her parents. Teens may perceive their parents as close-minded and may find it difficult to bridge the generation gap between them. Parents therefore have a constant job to hold firm and at the same time understand the situation of their teens. Setting appropriate demands and being responsive at the same time is the key to make the teen feel that he/she is being heard and cared for.

The lecture-forum "When Parents are Friends" focuses on the importance of balanced parenting and effective communication patterns for parents. This is necessary so that teens will be more appreciative of their parents' help and heed their parents' advice in whatever situation they are in. Different approaches and situational ideas were discussed. Experiential sharing was a highlight of the talk.

The main objective of this activity was to provide guidelines to parents in the following parenting issues for adolescent children:

- Communicating with teens.
- Awareness of teens' lives and concerns.
- Guiding teens in decision making.
- Parenting values and the need for patience.



Mr. Rafael "Raffy" M. Paredes talks about building positive relationships with teens through effective communication



Parents register before the lecture-forum.



Ms. Ngo leads the opening prayer.



Ms. Pat Fortes emcees the lecture-forum.



Parents participate in the open forum.



Ms. Mae Arañas talks about Guidance Services and referral of students.



Parents share their insights in the forum.



The fathers in the audience speak up.



From the Top Outstanding Paulinians

As mentioned in last week's *IOB*, one of the highlights of the celebration of the 7th anniversary of the St. Paul University System (SPUS) was the awarding of the first Top Outstanding Paulinians:

Paul Frances Banatin - BSEducation, St. Paul College Ilocos Sur
Chic Berromeo - BSNursing, St. Paul University Dumaguete
Kerwin George Fortes - BSComputer Science, St. Paul University Manila
Federico Genobili - BS Biology, St. Paul University Philippines
Kent Vargas - AB English, St. Paul University Iloilo

Here is the response of the 15 finalists, delivered by Kerwin Fortes of SPU Manila on their behalf:

Tonight is what we believe a rare opportunity—a rare moment that we share with one another. We can say that now, every sector and every institution are represented here in St. Paul University Surigao. And we are most privileged to share with you what we, student leaders, have gone and will go through.

This Search for the Outstanding Paulinian Students of the Philippines (or SOP) became the avenue to recognize the passion and service of student leaders that has been passed on through generations, as inspired by the values of St. Paul and with the guidance of the SPC Sisters and together with the rest of the community.

As we look back on this journey we had, we share to you these simple, but truly significant, moments.

We convened at the grounds of St. Paul University Quezon City—reacquainted with friends and formed new friendships with new faces. We were taken to Alfonso, Cavite's St. Paul Center for Renewal along with the alumni-facilitators that initiated this whole SOP experience.

During our stay we indulged ourselves with different activities that taught, and reminded us what brought about our Paulinian identities.

We returned to SPUQC and found ourselves preparing for the final test—undergoing a panel interview with influential individuals comprising the board of judges.

...And tonight we all have made ourselves present to this milestone.

We come from different regions, speak dialects of our own, and represent institutions we first thought that our own was of a different league than with the others. But the formation we had reminded us of our ceaseless passion to serve others. The values instilled by St. Paul is the proof that everyone present here belongs to ONE Paulinian community.

As student leaders, we always have been striving hard to continue the mission St. Paul had initiated. But we knew we were not alone in this endeavor... we never were. There are a lot of people surrounding us that guide us along this path we chose. Particularly the SPC Sisters, who continue to usher us all forward, we are very much honored to serve the Lord with you. *(Fellow Outstanding Paulinian Students will stand for a standing ovation to give credit to the SPC Sisters)*

Nevertheless, come this March we are to graduate and step out of the four walls of our own institutions. We can no longer be branded as "student leaders," but we remain as PAULINIAN LEADERS.

As we step out, some will move forward, and some will return—because all of us will not stop from being Paulinian advocates with undying will of service for others, for everyone. Entering our own respective fields in the corporate world or in the line of duty, or even in the area of academe, the fire of service and passion will continue to burn and inspire more lives.

We may go home our separate ways. We may be working on our own individual commitments. And even if we seem to be just a small dot on a clean sheet of paper, we tell you, that even just being a small speck that we are; we can stand out as much as we can make a difference.

We fifteen SOP finalists, have come up with a name for our batch—"SIBOL." As pioneers for the first SOP, SIBOL is one of the many beginnings of change. SIBOL is significant to an awakening seed in spring. We are a seed that will continue to grow in faith, spread love, explore and reach further heights, and give life to others. But we always return to our own roots that continue to strengthen our values. *Patuloy ang pagsibol sa puso ng bawat isa sa amin ang pag-asang at paniniwalang kaya nating mabigyan ng epektibong pagbabago ang ating bayan.*

There came a point where we were asked, "What keeps us going? Why do we continue to do service despite the odds, despite getting hurt, despite everything that is against us?" Why, you ask? IT'S ALL FOR LOVE. As St. Paul inspired us to serve with love, we serve with God—and that is love.

Let us all be advocates of change.

Let us bring forth spring in our hearts, touch other lives,
and grow together as one community.

Dare to be different.

Dare to be a small dot on a clean sheet of paper.

Encourage everyone to mark their own dots, too.

As we gather them all, we will realize how much of impact
we have made in making differences in everyone's lives.

Take the lead and make the change.

Be a man for others.

Be a man for all.

Ladies and gentlemen, thank you and good evening.

Batch SIBOL. 2011.

JB. Kathleen. Lovely. Paul. Chic.

Clark. Kerwin. Zan. Fed. Karen.

Dianne. RG. BJ. Michelle. Kent.

MEETING ON CENTENNIAL SCULPTURE

Sr. Lilia Thérèse L. Tolentino, SPC, met the *ad hoc* committee on the centennial sculpture at 3:00 P.M., 24 February 2011 in the University President's Board Room.

The committee was composed of Sisters, some administrators and alumni, the museum architect, and the sculptor commissioned for the project, Julie Lluch-Dalena.

Ms. Dalena presented a preliminary sketch of the sculpture for reactions and comments. Everyone appreciated her concept of the sculpture being mounted on an infinity pool, as well as having Christ at the center of the composition. The sculpture will be placed in the present Lady of Fatima Garden.

The committee will be convened again when Ms. Dalena will have made an updated plan according to the suggestions given in the meeting.

SPMAFI MEETING

The Board of Trustees of the St. Paul Manila Alumni Foundation, Inc. (SPMAFI) had a meeting at 12:00 NN, 24 February 2011 in Meeting Room A.

Present at the meeting were four representatives of the Silver Jubilarians 2011—High School Batch of '86—who gave a comprehensive report on the homecoming. They presented the good points of the event, such as the program host and guests, the participation of the other jubilarian classes, the food, the attendance. They also presented observed areas for improvement, such as the length of the program, the lack of student volunteers for registration (they backed out at the last minute because they were tired from the previous day's activity), the lack of order in the batch picture taking, and the location of the photo exhibit, the photo booth, and the ID picture taking.



It was agreed that there is a need to meet the representatives of the 2012 jubilarian classes as soon as possible to plan for the Grand Centennial Celebration and Alumni Homecoming on 29 January 2012. The Board will meet at 10:00 A.M., 8 March 2011 to discuss preliminary plans. The jubilarian reps will be asked to come at 12:00 NN so that the Board can present these plans to them.

REUNION OF HIGH SCHOOL BATCH OF 1964



High School Batch of 1964 had a lunch reunion and meeting on 26 February 2011 in the residence of Lydia Yabut-Ochoa.

Aside from being a welcome party for *balikbayan* classmate, Rosario Santi (standing 4th from right), the event was also a meeting of the batch in preparation for their golden jubilee in 2013.